



## The Potomac Art Therapy Association

P.O. Box 1459, Washington, DC 2001 E-mail: [info@potomacata.org](mailto:info@potomacata.org)

**Board Meeting**  
**May 3 2014, 10am-12pm**  
**GWU**  
**Alexandria, VA**

Item	Supplemental Information/Discussion	Action
<b>CALL TO ORDER</b>	Kate called the meeting to order at 10:15am EST Kim 1 <sup>st</sup> , Sue Ann 2 <sup>nd</sup>	
<b>Roll Call</b>	<p><b>Members Present:</b> Kate Martin, President Abby Timberlake, 2<sup>nd</sup> yr PATA rep Kimberly Ottinger, Treasurer Su Ann Hastings, Events Chair Gioia Chilton, Scholarships Chair Nina Salzberg, 2<sup>nd</sup> yr. PATA rep Crista Kostenko, Membership Chair Steph Tyler, Communications Chair</p> <p><b>Members Not in Attendance:</b> Rebecca Wilkinson, Delegate Ji Young, 1<sup>st</sup> yr. PATA rep Deni Brancheau, Ethics Chair Meagan Oliphant, 2<sup>nd</sup> yr PATA rep Suzanne Fortnum, Alternate Delegate Jane woo, 1<sup>st</sup> yr PATA rep</p> <p><b>Others In Attendance:</b> Melanie Gardner William Gardner Valerie Pusateri Sarah Pitkin</p>	

	<p>Erika Cleveland  Anne Mills  Cathy Caldwell  Ashley Coulon  Lisa Syed  Ruth Stenstrom  Chai Hua Lu</p>	
<p><b>Agenda</b></p>	<p><b>Call to Order</b></p> <p><b>2. Approval of Agenda</b></p> <p><b>3. Approval of Minutes</b></p> <p><b>4. Board member reports:</b></p> <ul style="list-style-type: none"> <li>• President                      Kathryn Martin</li> <li>• President Elect</li> <li>• Secretary</li> <li>• Treasurer                      Kimberly Ottinger</li> <li>• Delegate /Alternate      Rebecca Wilkinson /Suzanne Fortnum</li> <li>• Government Affairs</li> <li>• Membership                  Crista Kostenko</li> <li>• Programming                Sue Ann Hastings</li> <li>• Ethics                            Deni Brancheau</li> <li>• Scholarships                Gioia Chilton</li> <li>• Communications            Steph Tyler</li> <li>• PATA Reps                    Nina Salzberg, Abby Timberlake, Meagan Oliphant (2<sup>nd</sup>  yrs)</li> </ul>	

**5. DC Licensure**

- Update on committee formation
- Next steps & timeline for achieving these steps
- Committee conference call date

**6. Membership phone outreach**

- Feedback from phone calls
- email blast to members that need to renew
- Update on reaching out to members via email (Rebecca's students & Steph)

**7. Communications/website update**

- Art therapist of the month spotlight (Nick Denson)

**8. Scholarships**

- Update (Gioia)

**9. NBCC Renewal**

- Update (Rebecca & Kim)

**10. Events**

- Review: Visioning Workshop
  - Kate Trygstad's report
  - Impressions, feedback, moving forward
- Future Events
  - Date check: Naomi Nim's 2015 conference tentative date is Feb 28<sup>th</sup>. Conflicts?
  - Creation of application for workshop presenters (Sue Ann & Kate)
  - Grant writing workshop- host?

	<ul style="list-style-type: none"> <li>- Supervision event</li> <li>- Lori Gordon (follow up)</li> <li>- Tentative Schedule for next board meetings- June, July, August</li> <li>- September potluck and awards</li> </ul> <p><b>10. Call to Adjourn</b></p>	
<b>APPROVAL OF AGENDA</b>	Kim motioned to call meeting to order, Sue Ann seconds	
<b>Motion # 67.2014:</b>	Approval of Agenda. Kim approves, Crista seconds	
<b>Motion # 68.2014:</b>	Approval of Last meeting’s minutes: Steph approves, Crista seconds	
<b>EXECUTIVE BOARD REPORTS</b>		
<b>President Kathryn Martin</b>	<p>Kate- present,</p> <p><b>DC licensure:</b> there will be a separate meeting to formulate a licensing board-4-5 people, stipend position, DC resident. Will meet in May at some point. <b>DO YOU HAVE TO BE AN ATR-BC?</b> (probably, yes) Sue Ann asked about the provisional license option-like the LGPAT of MD. As DC moves forward, we will follow the MD model to make it easier. Melanie Gardner expressed interest in joining this position—the PATA board should have her email address through the membership list. The Paige Tutoro-Gioia’s friend, who works Washington Lawyers for the Arts-WATA. Sue Ann attended a “starting a business” lecture. There’s a need to find backing of a DC politics or lobbying to help sculpt the mental health laws in DC. Kim should contact Elizabeth D.</p>	<p>Kate will add Melanie Gardner to the committee email list</p> <p>Kate will email the committee to set a date in May for a in-person or conference call</p> <p>Gioia will reach out to WATA</p> <p>Kim will get in touch with Elizabeth D.</p>

<p><b>President-Elect</b> Position open</p>		
<p><b>Secretary</b> Open</p>		
<p><b>Treasurer</b> Kim Ottinger</p>	<p>Kim-Present,</p>	
<p><b>Delegate &amp; Alternate Delegate</b> Rebecca Wilkinson/ Suzanne Fortnum</p>		
<p><b>Governmental Affairs</b> Position open</p>		
<p><b>Membership</b> Crista Lynn Kostenko</p>	<p><b>Membership phone outreach:</b> sent out emails and phone calls and have feedback from members: -support of licensure, excited about addition to PATA website -Future: technique workshops, private practice workshops, -grant-writing workshops- Ruth Stenstrom (Gioia’s suggestion) perhaps share her knowledge and experience. -ethics workshops—Creative Wellbeing Workshops, Gioia’s suggestion---Are leading one in September—speak more with Gioia and Rebecca) -eco-art therapy Ellen Spurtz- eco-psychology + art therapy = using all natural materials, art outside, labyrinth, environmental art, therapy philosophy has an ecological perspective, how that fits into your practice. -positive psychology -art outreach opportunities, felting, collage, mindfulness, zentangle, forensic art therapy -Dr. Sky—runs the art and drama therapy institute in NE DC for individuals with developmental delays, art and drama therapist, uses masks Japanese style. Dr. Sky has donated to PATA in the past. She would like PATA to host a meeting at her institute. Kate will follow up with her. -DBT -anxiety, depression, trauma with clients</p> <p><b>Rebecca’s Students:</b> Steph: will reach out again, the issue of sharing contact information is privacy, permission to share information on the PATA website. Steph will send out an googledoc to members to provide information that they DO want public, therefore privacy is kept. Steph</p>	<p>Kate and Gioia will talk to Ruth about grant workshop</p> <p>Kate and Sue Ann will reach out to Dr. Sky about using her space for a board meeting</p> <p>Rebecca and Gioia will discuss having an ethics presentation</p> <p>Steph will reach out to Rebecca re: the member google doc her students are creating</p>

	<p>will talk more with Rebecca. Full disclosure.</p> <p><b>Promoting Members:</b> Nick Denson is Spotighting Gioia Chilton! When Nick edits, he can send it to Steph and she will post it.</p>	
<p><b>Programing</b> Sue Ann Hastings</p>	<p><b>Symposium</b> topics-ethics, multiculturalism, arts and health, alternatives to clinical art therapy: We need to form a committee of volunteers—how to avoid burnout? Learned things from the last experience with symposium—next time there should be more thought about how it was organized—a point person to lead PATA, MATA, and VATA, rotating each year who the rep will be. Include transitional help. Need an organizational trouble-shooter. What went right? What didn't? how can we change it? Watch for this...Not reinventing the wheel. The AATA conference has a conference chair and an understudy. There is overlap, but it is staggered so the understudy understands what is expected, etc. So, NEXT STEPS: review over the summer, push the date back. Goal-education, collaboration, series of discussions. Should have a conference call. Perhaps topic should be licensure! Kim will send an email to either former symposium committee or give contact to Kate to reach out to them.</p> <p>Hill Day—at the Capitol, advocating art therapy and legislation. Creative Arts Therapy week (NCATA)</p> <p><b>NBCC Renewal:</b> Kim reported that got sent in on Wednesday. Increased cost from \$200 to \$300, Kim is getting the finances in order. PATA will asked by MATA to cohost a MATA event- NBCC, but did not provide information or collaboration with PATA, just wanted PATA to be on board.</p> <p><b>Events:</b> Visioning Workshop! Report from Kate, came up with values and vision for PATA, we can start putting info up on the website—the next board meeting we will talk about where we want to go. Kate will send that report out prior to the next meeting. Artwork should be on the website! (Album?) Steph is in touch with Ryan MacMichael, but is not responding in a timely way—Kate will look into TaskRabbit to get more timely feedback and help. Kim will come u with a general appropriate payment amount.</p> <p><b>Future Events:</b> Naomi Nim Feb. 28: MARYLAND Movement, Dance Conference—should PATA be involved? No. Please PATA don't plan anything conflicting for that weekend</p> <p><b>PATA Workshop Application:</b> Kate will send a copy to Kim to double check NBCC</p>	<p>Kim will get in touch with those involved in the previous symposium</p> <p>Kate will clarify with Naomi Nim about PATA's involvement in the MD conference</p> <p>Kate and Sue Ann will revise the workshop presenter application and email to Kim</p> <p>Kim will add NBCC info to application</p> <p>Board will review final application for approval to be used</p> <p>Steph will post application on the PATA website</p> <p>Sue Ann will arrange for a meeting with GWU (Including Kim in emails and</p>

	<p>requirements/fit. Kate will send it out to everyone in case there would be feedback to include/edit the application document. (Budget—per person? Be specific. Workshop leader—donate materials? Add communication about the materials provided. This is voluntary, donating time. More clarity on materials, cost, other things to entice the presenter, copy handouts, what machines does the presenter need? More communication with GW when events are hosted at the school. Snacks?)</p> <p>-Supervision event  -Laurie Gordon (collage): expense? PATA and GW could potentially split the cost.  -Kate will send out the member feedback form for members. Application should be put on the website. Uploading minutes and documents has proven difficult—TaskRabbit. Website should have a link to past workshops, calendar for future workshops, and the application for interested prospective workshop leaders. Will continue sending the link through PATA emails, Facebook to keep up interest.</p> <p><b>Summer meetings:</b>  Sept. Potluck—date with GW? There should be communication between PATA and GW to talk about dates and workshops—Sue Ann will follow up and talk about the potluck and (orientation) and more! Potluck should be after the orientation. For Saturday classes schedule. Sue Ann will include Kim about the goings-on.</p> <p><u>VENUES:</u>  Talk to GW about hosting it at GW, but also keep in mind other venues. Art and Drama Place? Upcycle—Crista’s suggestion in Alexandria (close to Del Rey)? Artistic Artifacts or Artisphere (Rosslyn)—Gioia’s suggestion. Scrap DC—Erika’s suggestion.</p> <p>Next meeting: (talk about the visioning workshop) June potential dates: <b>7<sup>th</sup>!!</b> at GW? Crista offered her home (east Falls Church)—will double check. Kate will email and check and make sure that works.  -Skip July  -August potential dates: (plan for the potluck) :</p>	<p>meeting) to discuss future GWU events</p> <p>Crista will get back to the board about meeting at her house June 7<sup>th</sup> for the board meeting</p> <p>Crista will contact Upcycle about hosting future PATA events (Sept potluck)</p> <p>Kate will contact Artisphere and Scrap DC</p>
<p><b>Research</b></p>	<p>Position put on hold</p>	
<p><b>Scholarship</b>  Gioia Chilton</p>	<p><b>Gioia: Scholarships:</b> committee that didn’t involve board members, so as not to have a conflict of interest. Lena and Mary Ellen Ruff are on the committee. Has received nothing. Gioia will send out a facebook blast, send to GW. Deadline July 31!</p>	<p>Gioia will continue to promote the scholarships</p> <p>Kate will email Gioia a nomination</p>

<b>Public Information</b> Position open		
<b>Jobs/Referrals</b> Position open		
<b>Ethics Chair</b> Deni Branchau	Deni-not present	
<b>Communications Chair</b> Stephanie Tyler	Steph is having some issues getting the website to work (photo upload). Has reached out to Ryan, but no luck. Will reach out to tech support from the webhost.	Kate will try to find someone on task rabbit to handle PATA's tech issues  Kim will provide a budget for this
<b>Student Representatives</b>  Abby Timberlake Meagan Oliphant Nina Jane Woo Ji Young	Abby & Nina- present	Student reps will promote the scholarships!
<b>COMMITTEE REPORTS</b>		
<b>NEW BUSINESS</b>		
<b>PATA Vision for 2014</b>		
<b>2014 PATA Board Meeting Calendar</b>	Tentative Schedule:  June7, location TDB (Crista's house?)	



	<p>July- none, AATA conference</p> <p>August- TBD</p> <p>September- Annual member potluck, TBD</p> <p>October- TBD</p> <p>November- TBD</p> <p>December- TBD</p>	
<b>Next Meeting</b>	<p><b>Next meeting is June 7<sup>th</sup>, 2014</b></p> <p><b>Agenda</b></p> <ol style="list-style-type: none"> <li>1. 1. Call to Order</li> <li>2. Approval of the Agenda</li> <li>3. Approval of the Minutes</li> <li>4. Board member reports</li> <li>5. Events: Visioning Retreat Review, Presented Application, Upcoming/Updates</li> <li>6. Scholarships: update</li> <li>7. Treasurer: Update, Profit from last workshop</li> <li>8. Communications: Member outreach, website update, art therapist spotlight</li> <li>9. Call to Adjourn</li> </ol> <p>For phone meetings: Dial-in Number: (605) 475-4800 Participant Access Code: 993539#</p>	
<b>MOTION TO ADJOURN</b>		
<b>Motion #69.2014: Adjournment</b>	Meeting adjourned by Kim, Crista seconds motion.	11:45am